

Setting the Direction

Values

What's important to me

What I don't tolerate well

Skills

What I'm great at

What I'd like to be better at

Fulfilment

I felt proud when

I enjoy work when

My best job was when I

... because

I feel stressed when

I hated work when

Reputation

I'd like to be known for

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Ideal Role

My ideal work would comprise

Other

Other thoughts

Reflections